

Archetypal Patterns in Fairy Tales



Fairy tales, like myths and dreams, provide us with direct access to material arising from the collective unconscious. Through the fairy tale we can experience archetypal aspects (i.e. the witch, the innocent child, the old king etc) that reside in the unconscious of all of us. The value of accessing such material is that these motifs or archetypes find their way into the life of each of us, and we may find ourselves acting them out without awareness. By entering into such figures via the fairy tale, we can come to see how this energy is manifesting in our lives and with conscious awareness we reduce the possibility of it acting out through us unconsciously. Furthermore it often comes as a relief to see/feel

these motifs are universal and that we are not alone in our suffering. They can help provide perspective and direction in life.

Jungian analysts Vivien Bainbridge and Manita Beskow will be facilitating a series of three two-hour fairy tale groups. The aim is not so much to dissect the tales, or even to interpret them, but to experience them and relate them to our own life.

Dates: The group meets monthly, most often on the third Saturday of the month.

Venue: The fairy tale group will be held in the beautiful, peaceful (and fairy tale like) Hovea Ashram: 805 Margaret Rd. Hovea

For further information or to register to attend the fairy tale groups please contact Vivien Bainbridge at vivienb@westnet.com.au or Manita Beskow mani1@iinet.net.au 0419 043 768.